

“एउटै लक्ष्य एउटै सार, मानव बेचबिखनको अन्त्य हाम्रो साभ्मा सरोकार”

# दशौं मानव बेचबिखन विरुद्धको दशौं राष्ट्रिय दिवस

मिति: २०७३ साल भाद्र १७ देखि २३ गतेसम्म

## Online Campaign

on How to Reduce Human trafficking in Nepal

छोरी



मूल समारोह समिति



महिला, बालबालिका तथा समाजकल्याण मन्त्रालय

के. आई. नेपाल



विनय दाहाल

विद्यार्थी, हाल अमेरिका



शिक्षा मानव बेचबिखनको अचुक औषधी हो शिक्षा मानव बेचबिखनको बारेमा समाजको हरेक तप्कामा अनौपचारिक शिक्षा र कुनै जात, लिङ्ग, नछुट्ट याइ प्रत्येक मानिसमा औपचारिक शिक्षाको अनिवार्यताले यस समस्यालाई हदैसम्म समाधान गर्न सक्छ। मानव बेचबिखनविरुद्ध अबोधलाई आफ्नो तर्फबाट सकेको जानकारी एवं सावधानी दिलाउने प्रतिवद्धता जनाउँदै, यस अभियानमा ऐक्यबद्धता जाहेर गर्दछु।

**Aishworya Shrestha,**

BA 3rd year

St Xavier's College



Speak against violence. If you are a victim, fight against your oppressor. Schools should be encouraged to include slavery in their curricula and aware about the potential ways in which traffickers target children. We live in an internet surrounded world. With just a click we can inspire people and share information, you can even create a blog and flow inspirations. I commit myself to never stay silent on seeing any form of violence done to anyone. I vow to always inspire and aware as per my competence.

तुलसीबाबु बस्नेत

सल्यान

असिक्षा र गरीबि नै विशेष गरेर यस्का कारण हुन्। मानव बेचबिखन रोक्नलाई सबै भन्दा पहिला गाउँ अनि स्कूलमा Awareness and Skill Development Training राख्नु पर्छ। यसको लागि सरकारले दरिलो कानूनको व्यवस्था पनि गर्नुपर्ने हुन्छ। साथ साथै Volenter And Supporter को पनि आवश्यक हुन्छ जस्तो लाग्छ। साथ साथै मानव बेचबिखन विरुद्ध जनचेतना जगाउनको लागि सबै Media द्वारा प्रचार-प्रचार गर्नुपर्दछ।

**Shreesha Bista**

St. Xavier's College



In my perspective, one of the most practicable methods of reducing human trafficking in the context of body appropriation for sex can be legalizing prostitution and changing people's way of viewing this as a profession. This is no doubt a topic laden with enormous controversies and conflicting discussions yet, with proper policies and appropriate implementation of law, this can probably reduce the number of females being illegally trafficked.

For my part, I will do my best to spread awareness and participate in events regarding this matter.

**Sara Shreatha**

MSc.Physics,TU



I think the primary cause of human trafficking is "money" without which the most basic needs like food, shelter and health is like impossible to meet in Nepal, a country where the government is not responsible enough to take care of its miserably needy citizen. Then the other cause is "ignorance". Unknowingly people become a poor victim through the hands of cunning criminals. Though Nepal police and few organizations bring up good results sometimes but still are not successful to eradicate the problem of human trafficking. Indeed education and innovative campaigns around remote areas might help a lot to remove ignorance in people. But, unless the major cause "money" is brought about a long term solution, human trafficking will keep creating its victim. So, it leaves no other option but to create job opportunities and ensure that earnings reach the poors and fill their family stomach instead of the riches bank account. It should be well observed that no poor be compelled to sell himself to solve a health problem of his beloved ones. On the day of the 10th "Anti-human trafficking day" I want to commit that I someday will help create job to the needy people in a remote area to reduce the problem of human trafficking in Nepal.

**Smriti kafle**  
VS Niketan college+2



Nepal being undeveloped country; Nepalese are suffering from trafficking from many years. It is due to lack of education and knowledges which must be reduced. For sexual purpose, for organ trade it is growing day by day. In the country like Nepal, first of all literacy rate should be increased i.e. people should be educated to protect themselves. Different NGOS & INGOS should be organized in every rural areas. On the other hand government should focus on these social evils too. There should be strict punishment for the people committing human trafficking. The country should be first developed and independent then only the citizens will be independent which will help to lower down this rising problem.

I being one of the responsible citizen of this country have many commitments towards it. Among them, first of all I will protect myself from these evils. I will spread my knowledge towards other. I will take part in the different NGOS & INGOS as a volunteer. If i find any issues related to trafficking i will inform in respective organizations. I will spread positive vibes to the people to make them understand about this rising issue. I will do anything which i can do to reduce it from my sector.

So if our small effort can change our whole nation then why souldnot we take an action. It's time for all the Nepalese to unite and fight against this vital problem.

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**Prakriti Kafle**  
Social work student  
St.xaviers college



Human trafficking is one of the major social problem prevailing in our society. There is a huge network of people because of whom neither local nor urban area are left untouched. Therefore the major provision to be exercised to reduce its accelerating induction is to permulgate strong laws and legislation on trafficking and prioritize major reasons of it. Moreover, adequate media coverage on awareness program, inclusive training and workshops both in local and urban level, entrepreneurship opportunities could be the main sectors to work on.

Additionally being a responsible social activist, my commitment to reduce it is to believe that my small awareness approach at local level can bring huge inpact in changing the perspective of a group and my hand to hand support to ngos working in this sector can add a brick on the wall of antitrafficking and practise it intensively in from grassroot level.

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**Eliza Maharjan**  
Student, Campion Academy



With thousands of young people being trafficked and forced into flesh trade and slavery, human trafficking in Nepal has been a burning issue which needs immediate action. Various organizations have been working to minimize this but this is still prevalent. First and the most important thing to be done to eradicate it are to minimize illiteracy rates and work on the poverty with the reduction in the gap in distribution of income. Well, there are not much we as an individual can do as the traffickers are master in disguising themselves. But what we can commit ourselves is to lend a helping hand to the parties working for them and try to help them prevent at first, rescue the trafficked ones and rehabilitate them.

**Prabase Ghimire**  
MPH student



The roots to all forms of human trafficking are connected to poverty and illiteracy. Anti-trafficking strategies therefore should be embedded in the society for supporting education and business opportunities for females and empowering vulnerable groups. A disgraceful fact that many vulnerable communities still do not know about trafficking have put them to greater risk. We need to make everyone aware of how trafficking affects them, and what they can do to stop it. Realizing the fact that over half of all victims of human trafficking are under 18, I commit to focus, engage and empower vulnerable young people to realize their potential in preventing such illicit trade, and help them learn about the issues surrounding human trafficking.

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**Aastha Shrestha**  
BIT student

Uprooting girls trafficking is, without a doubt, a tough challenge. Trafficking does not only exist in rural areas. It exists in the shadows in cities and towns as well. Campaigns urging government to implement strict rules to punish those involved in the trafficking of girls should be organized more often. Non-Government Organizations like Chhori, Maiti Nepal, etc. should make frequent visits to schools and colleges in rural as well as urban areas to educate children about girls trafficking. Similarly, bars where girls are forced into prostitution should be shut down. People should be urged to buy products only from industries which have a no slavery policy.

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**Binita Siwakoti**  
Student, Prime College



Human trafficking is the fastest growing organized crime worldwide. It ought to concern every person because it's a debasement of our humanity. No one can do everything all alone but everyone can make their own commitment to reduce the trafficking. Education initiatives may be directed toward the general public, as a form of awareness raising and information campaigns, or towards women and girls who are vulnerable to being trafficking through press conference, media campaigns email and internet etc. Using social media like facebook, whatsapp for group discussions, identifications, finding personal details, awareness and crowd participation can be a modern way to control and combat human trafficking. Professional training programs on trafficking to those who are already working to address the problem may provide additional technical assistance for further control. It includes providing trainings to health care professionals, social workers, police officers and other community service organizations. Rehabilitating victims by welcoming them in, no questions asked, and helping them integrate can be an initiative of their new life. As a human being, everyone is born with a right to live their life in a way it pleases them and, in contrary, human trafficking is another name for modern day slavery. Every citizen can take action by learning more, by speaking up. Therefore, let's stand against human trafficking before it's too late.

Parul Sidel  
Student, St.xaviers college



In order to reduce human trafficking, the very first step we need to take is to aware the masses regarding this heinous issue. This sort of awareness could take place in the form of awareness campaigns in the likeness of this one so that the maximum number of people are aware of the measurements they need to take in order to stay away from being victimised. I, on a personal level can aware the vulnerable regarding the behaviour of the doer for an attempt of any sort of human trafficking.

Nirmal Koirala  
Student, Campion Academy



When the word slavery comes to mind in the present day most people think of it as something that has passed, a long and tragic historical event that involved the capture and exportation and exploitation of human beings as forced labor with no freedom of movement or choice. In Nepal, Human trafficking is one of today's most egregious human rights violations. Traffickers prey on the most vulnerable members of society: people burdened with poverty, disabilities and discrimination. One of the crucial things to be done to suppress human trafficking is to enlarge the literacy rate and various NGOs/INGOs should work to minimize this though this is still prevalent. And what we can obligate ourselves is to beg the helping team to avert them at first and try to save them by reintegrating them.

Saru Chaulagain  
Student, Nasa College



People were created to be loved. Things were created to be used. The reason why the world is in chaos is because things are being loved and people are being used. Every year, thousands of men, women and children fall into the hands of traffickers in their own country or abroad for the purpose of exploitation which includes sexual exploitation, forced labor, slavery or removal of organs. So, it needs immediate actions. Firstly, illiteracy rate should be reduced. Also poverty rate should be reduced by increasing employment offers to increase their living standards. As a student, we can commit to help those organization who are working for the rescue of trafficked ones.

Sunil Panthi  
Student



The poverty and other related reasons make community vulnerable to all sort of exploitation which includes human trafficking. The human trafficking takes different forms such as employment in various field, domestic servants, and sex work in Nepal and outside Nepal. The poverty and lack of education in countryside are the main reasons of human trafficking. To minimize human trafficking, all related organizations should - form and mobilize community groups against human trafficking -conduct awareness programs on evils of trafficking -arrange counseling for trafficked women and their families -network and coordinate with organizations working against human trafficking -facilitate income generation programs for girls and women. Moreover, a strong punishment to the trafficker may help to reduce human trafficking. Being an educated civilian of Nepal, I will play a certain role to minimize human trafficking by -raising awareness in the community where I belong to -supporting volunteers and anti-trafficking efforts in my community -encouraging my local schools to partner with students and include modern slavery in their curriculum -working with a local religious community or congregation to help stop trafficking by supporting a victim service provider or spreading awareness of human trafficking -joining or establishing a club to raise awareness and initiating action throughout my local community.

विकाश घिमिरे  
विद्यार्थी, पाटन संयुक्त क्याम्पस



मानव बेचबिखन अहिलेको सन्दर्भमा निकै बढिरहेको छ । प्रत्यक्ष वा अप्रत्यक्ष रूपमा धेरै मानिसहरु यसबाट पिडित भएका छन् । अहिलेको अवस्थामा मानव बेचबिखन न्युनिकरण गर्न वैदेशिक रोजगारमा जाने मानिसहरुलाई सचेत बनाउन आवश्यक छ । वैदेशिक रोजगारमा जाने मानिसहरुलाई वैदेशिक रोजगारको आवरणमा कसरि मानव बेचबिखन भईरहेको छ भन्ने कुराहरु को जानकारी दिएर चेतना बढाउन मानव बेचबिखनमा न्युनिकरण गर्न कोशिस गर्नेछु ।

समिक्षा पोखरेल  
नर्सिङ विद्यार्थी

मानव बेचबिखन एउटा संसारकै सबैभन्दा ठुलो अपराध हो । सायद यो भन्दा ठुलो अपराध अरु केहि पनि हुनै सक्दैन । जबसम्म एक मानिसले अर्को मानिसको इज्जत गर्दैन तबसम्म नेपालको त के संसारकै कुनै प्रगतीको आशा राख्न सकिदैन । अहिलेको परिवेशमा हेर्नुपर्दा बालबालिका र महिलाको बेचबिखन बढी पाउन सक्छौ । बालबालिकालाई लगेर बालश्रम गराउने अनि महिला लाई लगेर यौन शोषण गर्ने गरेको पाइन्छ । त्यसैले मानव बेचबिखन हटाउनको लागि र यसको निर्मुलिकरण गर्नको लागि पहिला सुरु त मानिसमा जनचेतना फैलाउनुपर्छ । महिलाहरुलाई शिक्षादिक्षा प्रदान गर्नुपर्छ र हरेक बाबुआमालाई आफ्नो सन्तानको सुरक्षाको निमित्त सजग गराउनुपर्छ ।

जबसम्म मानव बेचबिखन गर्ने अपराधीहरु खुलेआम घुमिरहेका हुन्छन् तबसम्म यसको अन्त्य हुदैन । जबसम्म अपराधीहरुलाई कठोर भन्दा कठोर सजाय हुदैन तबसम्म उनीहरुलाई सहयोग गर्ने संजालको हिम्मत बढिरहन्छ । त्यति मात्र नभएर हामीले हरेक मानिसमा एउटा मानवताको आभास जगाउनै पर्छ । मानव बेचबिखन एक किसिमको अत्याचार र दानवप्रवृति हो । यसले मानव शश्य भएको होइन फेरी त्यही हुंगे युगमा पुगेको आभाष गराउछ ।

त्यसैले मानव बेचबिखन अन्त्य गरौ र असल नागरिक हुनुको कर्तव्य निभाउं ।